

Population	110,000
Capital	Kingstown
Area	344 sq km/133 sq miles; 29 km/18 miles long 18 km/11 miles wide
Geography	<p>St Vincent is a volcanic island. The northern third of the island is mountainous (parts of this area are accessible only by boat because roads cannot be built on the terrain). The highest point is La Soufriere volcano - 1,234 metres. Most of the island's population lives near the southern coast. The island has a total of 84 km of coastline.</p> <p>The island has 5 administrative parishes – Charlotte, St Andrew, St David, St George, St Patrick</p>
Time difference	GMT -4
Language	Official language is English
Monetary unit	Eastern Caribbean dollar - EC\$ (fixed to the US dollar); US dollars are widely accepted
Airport	Local airport, E T Joshua Airport, in Kingstown in the south of the island; an international airport is planned for 2011 +
Flight times	5 major gateways – Barbados (30 mins) Grenada (30 mins) Martinique (45 mins) St Lucia (20 mins) Puerto Rico (2 1/4 hrs); 5 x flights daily from Barbados (LIAT)
Climate	Tropical climate with little seasonal temperature variation averaging 27°C; average daily sunshine is 8 – 9 hours; seasonal rainfall between May and November
Location	St Vincent is the largest and most populated island of the 32 St Vincent & the Grenadines islands and cays. It is part of the Windward Islands chain in the Southern Caribbean region and lies 100 miles west of Barbados
Government	St Vincent is an ex-British colony and has been an independent state in the Commonwealth since October 1979; Governor General - Sir Frederick Ballantyne; Prime Minister - Ralph Gonsalves
Economy	St Vincent is emerging as a well-governed and regulated financial jurisdiction, the main activities being banking, trusts, insurance and mutual funds. The registration of International Business Companies has also become a strong growth area.
Tourism	St Vincent is a new, unspoilt tourist destination. It is currently visited by ocean cruisers from the UK & US for day trips. High season is January to May. There are approximately 400 rooms on the island, and no hotel is above a 3 Star.